

Advanced Physical Education

Course Description

Advanced Physical Education is for those that enjoy the competition that the physical education setting provides. This course will utilize games to enhance individual fitness and sportsmanship. Students will gain a deeper understanding of advanced strategies while participating in selected activities and tournament play.

Standards

Essential Standards

- | | |
|----|--|
| 1. | The physically literate individual demonstrates competency in a variety of motor skills and movement patterns and performance. |
|----|--|

Important Standards

- | | |
|----|---|
| 1. | The physically literate individual exhibits responsible personal and social behavior that respects self and others. |
|----|---|