

# Advanced Racquet Sports \*JHS

## **Course Description**

Net & Racquet Sports is an elective course designed for students who are interested in expanding their knowledge and skills in a variety of individual and team net and racquet sports. This course will include a balance of net and racquet sports such as tennis, badminton, volleyball and pickle ball. Students will learn skills and strategies in a competitive setting and will demonstrate the proper use of sportsmanship and teamwork skills during game play. Player rankings and competitive tournament play will be a large part of the class.

## **Standards**

### **Essential Standards**

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| 1. | The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement |
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### **Important Standards**

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| 1. | The physically literate individual exhibits responsible personal and social behavior that respects self and others. |
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